

“The Passion That Drives Us” A workshop that gives us the strength to move forward.

Companies that are actively implementing a policy of improving employee loyalty, call upon our workshop on passion as it easily fits in to a Personal Development program alongside of health and wellness and work/life balance sessions.

Objective

The Passion that Drives Us is a workshop designed to help participants discover or rediscover the passion that gives them the energy to tackle new projects and rise up to new challenges.

Plan

Theatrical Ice-breaker

A 5-10 minute sketch during which the actor/facilitators share personal experiences about passion in their work as actors. They use humour to demonstrate the passion within us and why we need to live out our passions.

The Scan: Profiling our Passions

An individual exercise consisting of a short questionnaire that brings out past, present and future dreams followed by a quick debriefing.

Kick-starting our Passion

First small group exercise during which participants have to find the passion within and externalise it. An amusing exercise that allows people to look at their daily routine through passionate eyes! Once again there is a short debrief.

En Route!

Second small group exercise whose objective is having participants orient their passions by discussing them with colleagues. Participants will ask themselves where their passions can lead them, how they can transform the workplace. They will transport themselves into the future and imagine the ideal workplace. A creative plenary will wrap up the activity that will have participants leaving with a strong sense of where they are going.

Format

A 1-hour workshop led by a team of 2 actor/facilitators. Please note that 2 and 3-hour versions are also available.

For additional information please contact our Montreal office at:
514-522-3225 or 1-888-522-2552